

Menu

salads

Order as:  Full Salad |  Lite Salad |  +  Soup & Salad |  Wrap

BLUEGRASS BLACKBERRY

Spring Mix, Red Onion, Crumbled Feta, Strawberries, Apple Chips, Kight's Pecans with Blackberry Sorghum Vinaigrette

HARVEST KALE

Baby Kale, Quinoa, Sweet Potatoes, Parmesan, Dried Cranberries, Sunflower Seeds, Pita Chips with Honey Balsamic Vinaigrette

CLASSIC CHICKEN SALAD

Chicken, Crisp Apples, Dried Cranberries & Kight's Pecans mixed with Mayonnaise & Tarragon served on Spring Mix with a side of Strawberries

BLT DELUXE

Romaine & Iceberg Mix, Bacon, Grape Tomatoes, Croutons with Bourbon Smoked Paprika Ranch Dressing

ACAPULCO CAESAR

Chopped Romaine, Red Onion, Parmesan, Grape Tomatoes, Croutons with Chipotle Lime Caesar Dressing

CHICKEN TACO

Romaine & Iceberg Mix, Red Onion, Roasted Chicken, Cheddar, Black Beans, Grape Tomatoes, Crispy Tortilla Strips with Salsa Vinaigrette & Avocado Cream

VEGAN POWER

Spring Mix with Chopped Superfood, Quinoa, Chickpeas, Cucumbers, Grape Tomatoes, Red Peppers, Sunflower Seeds, Edamame with Creamy Lemon Vinaigrette

TUSCAN

Baby Spinach, Red Onion, Mozzarella, Artichoke Hearts, Roasted Red Peppers, Kalamata Olives, Grape Tomatoes, Croutons with Tuscan Vinaigrette

SANTORINI

Chopped Romaine, Red Onion, Crumbled Feta, Quinoa, Chickpeas, Red Peppers, Grape Tomatoes, Cucumbers, Pita Chips with Lemon Juice & Olive Oil

MAKI SHRIMP

Spring Mix with Chopped Superfood, Shrimp, Avocado, Cucumber, Red Peppers, Edamame, Pickled Ginger with Spicy Sriracha Aioli Dressing

ADD MORE TO THE MIX

Roasted Chicken

Bacon

Salami

Shrimp

Wild Salmon

Avocado Half

Chickpea Salad

Ginger Sautéed Vegetables

Black Bean Salad

Cage Free Local Egg

Chicken Salad Scoop

Additional Topping

WRAP OR A BOWL?

Have your salad in a wrap or a bowl.

Wraps available in plain, tomato basil or spinach.

grain bowls

BIBIM NOODLE BOWL (DF) (V)

Yakisoba Noodles, Chopped Superfood, Edamame, Ginger Sautéed Vegetables, Pickled Red Onions, Hard Boiled Egg, Black and White Sesame Seeds with Gochujang Vinaigrette

HAVANA SUMMER BOWL

Chopped Romaine, Quinoa, Farro, Black Rice, Black Bean Salad, Grape Tomatoes, Red Peppers, Avocado and Plantain Chips with Creamy Cilantro Lime Dressing

PHARAOH BOWL (DF) (V)

Chopped Romaine, Farro, Bulghur, Sliced Cucumbers, Grape Tomatoes, Kalamata Olives, Chickpea Salad and Pita Chips with Lemon Parsley Vinaigrette & Tahini Sauce

drinks

LEMONADE

Made fresh daily with seasonal ingredients

BOTTLED DRINKS

ICED TEAS

Organic teas, brewed in-house
seasonal ingredients
Sweet Tea | Unsweet Tea

seasonal soups

ORIGINAL RECIPES, MADE IN-HOUSE



soup & salad

Pair a lite size salad with a cup of soup for the price of the full salad.

skip the line

USE THE APP OR ORDER ONLINE



Vinaigrette Salad Kitchen



vinaigrettesaladkitchen.com

we cater

(859) 493-2338

We'd love to be a part of your next party or event.

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